

PROFILE



DR FAIEZ KIRSTEN

Dr. Faiez Kirsten

MB ChB MBA EFTcc

Profile

Medical Doctor, Business Graduate, Health and Wellness Expert, Researcher, Radio Show Host

Main Areas: Individual and Organizational Health, Wellness & Performance, Safe, 'Alternative' and Natural Cancer Cures, Banking and Finance, Natural Law.

Career Focus: Institute Director, Medical Doctor, Author.

Faiez Kirsten is a medical doctor with extensive experience in various aspects of the healthcare environment including five years in trauma and emergency and as a ship's doctor aboard cruise ships. He ran his own general medical practice for almost ten years and has also spent some time both working and consulting in the corporate world. He is the founder and director of the **Health Wellness Performance Institute** whose mission is to assist individuals and organizations in the prevention, reversal and elimination of illness and disease and achievement of optimal health, wellness and performance and with financial empowerment through innovative programs and services. He also runs **Natural Cancer Cures**, a service focused on providing cancer sufferers with critical information they require to make an informed choice regarding the treatment of their condition as well as safe, 'alternative' and natural methods of treatment.

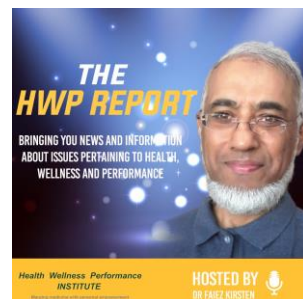
In addition to his **Medical Qualification** which he obtained from the University of Natal Medical School, Dr. Kirsten also holds a **Post-graduate Degree in Business Administration** (MBA from the University of Cape Town's Graduate School of Business) obtaining the qualification with a first class grade for his thesis *'The Effect of Mergers and Acquisitions on Organizational Culture, Climate and Financial Performance'*. He also has a **Certificate in EFT** (Emotional Freedom Techniques), a discipline of energy psychology which is used to heal both physical and emotional disorders.

Faiez is also the author of several books and articles. His first published book, **'Corporate Culture is Not as Soft as You Think'** is available in electronic and print formats through various on-line bookstores. His other published books are **'Good-Bye Stress – How to Live Stress-Free'**, **'Achieve Your Goals Using Brain Research Discoveries'** and **"How to Achieve the Best Health and Wellness Possible"** all of which are available as e-books. He has also authored and published an e-report, **"The Subconscious Mind - What it is and How to Reprogram it Using Advanced Technologies"** and founded an internet report, the **HWP Report**. Furthermore, he has researched the banking and financial systems, sovereignty and natural law.

Doctor Kirsten was also part of the founding group which was instrumental in setting up the **Community Exchange System**, an on-line service facilitating the trading and exchange of goods and services using a virtual recording system and has several other attainments and interests including Scuba Diving and Off-Road Driving certifications. He also hosted an on-line radio show and was a resident guest on a community radio station.

SPEAKING TOPICS

Dr. Kirsten speaks on various subjects including **The Global Healthcare and Cancer Crises**, **Destructive Chronic Stress**, **The Ten Dimensions of Optimal Health and Wellness** and **The Subconscious Mind** amongst others.



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TESTIMONIALS, REVIEWS, FEEDBACK

By Chas [Great easy read](#)

This review is from: The Subconscious Mind - What it is and How To Reprogram it Using Advanced Technologies (Kindle Edition)

I have read so many books about the subconscious mind but this one was the icing on the cake for me. It is very short and precise. I have found that by reading many books on this subject, I have learnt something new every time and something sinks in further into my brain. Well this book did just that. I now feel that I don't have to purchase another one as this one has fulfilled my needs. Different authors tell the information just a little differently. I do recommend this book if you have read even one book on the subconscious at all. I think this very easy reading will just concrete a lot of things. A good read.

By Amazon Customer [Wonderful](#)

Wonderful report. Easy to read and understand, in plain everyday language. Complete and honest; to the point content. Very straight forward. The Author is very knowledgeable of the subject, based on how he explained the key points. Every word is relevant; no word is wasted trying to fill in... If a word is there, it belongs there. Well done.

By MS RAMBO [Great Book](#)

i would recommend this book to others to read. This was a great book if you are trying to understand how to use your subconscious thinking. I was very pleased, it touched on some things that I was unaware of.

By Rotator Cuff [It is your choice; it is within.](#)

Reading the first few pages showed me that I chose the correct self-help book. Life is about choices even to the decision to breathe correctly for better health, to say I love you to yourself, to create your own pleasant environment and to believe you have all this power within.

By Maureen [Very nice summary](#)

I have read many books on the subconscious and specific technics to train. This was a nice summary that was written well with some specific explanations. I will return to this writing for reference in the future.

By Clayton [Great techniques of controlling and programming your own mind.](#)

The most powerful books are books that read your mind and what you need at the time that you read them, this is one of those.

By adrienne veronica thomas [JEWEL](#)

This is much needed knowledge.



[Read more customer reviews of my report on the Subconscious Mind](#)

From: Aimee Gordon <gordona252@gmail.com>
Sent: 29 April 2014 11:19 PM
To: webmaster@farfone.com
Subject: 2oceansvibe Radio interviews

Hi Faiez!

Thank you and Sandy again for such a fantastic interview this past weekend. It was outstanding and I really enjoyed meeting the 2 of you. You are both an inspiration to me and I so look forward to working with you in the future.

Okay, so I went through the schedule and these are the dates I have laid out for you guys in the meantime:

12 July
2 August
6 September

I am SO sorry that I cant get you guys in again any sooner - i have made commitments to others on all earlier dates that I cannot get out of. But rest assured that you guys will have a monthly slot on my show from July until eternity.

Please let me know if these dates are cool?

Much love,
Aimee

Dr Kirsten and all Nursing Staff a
Pathcare on duty at EMLU on 2/6/2011.

Thank you
... so much ... for
fighting to save my life.
I really think you did a
miracle.

Aimee

LIFE CHATELAIN HOSPITAL.
DR. KIRSTEN AND YOUR EMERGENCY
TEAM, WE THE CARR FAMILY
THANK YOU SO MUCH FOR ASSISTING
US WITH OUR MOM AND FOR YOUR
KIND WORDS OF SYMPATHIES.
MAY THE LORD BLESS YOU ALL.
LOVE
DENISE.

To: DR KIRSTEN

giftcard giftcard giftcard giftca

29/7/10

In appreciation of the magnificent
"repair" job you so neatly
carried out on the back of
my head! (Mid June - Chatelet Clinic)
You are a true professional! EMH

Many Thanks
Yours (RON SPRUELL)


Dear Faiez

Just wanted to say Thank you
for all your support in your
continual outstanding performance!
I personally appreciate it.

Thank you!

Christos

26 May '06

Faiez,

May, whatever you choose to
do in the future, be success-
ful.

Thank you for the time spent
in the Medical Facility of
The Sovereign. You are a
gentleman in so many ways.
Take care of yourself, ok?!

Devi

Liewe Faiz,

Dankie vir die tyd wat ek saam met
jou kon gewerk het. Jy is 'n besondere
mens, 'n mens kan baie by jou leer
dankie vir die voorbeeld wat jy altyd
stel. Sterkte met die laaste trek, dit
vlieg verby!

Ons ontmoet mekaar weer in SA.

Liefde

Anneri

10 July 2011.

Dear Faeg,

On behalf of everybody that loves me,
thank you for saving my life against all
odds. You are a very brave man.

Thank you for your visits in ICU. You made
me feel human, respected and sane. You
gave me the courage to stand up for myself
at the Psychiatrist, to demand not to be
labelled and to decide which medication I
will take and which not. I'm now with
Prof Tabou who has no problem explaining
and an ego made of steel, which means he
doesn't mind listening and he has no problem
being second guessed.

Hopefully in the not too distant future
I will be able to appreciate my life again
and what you gave back to me.


[REDACTED]
[REDACTED] 

This bitter earth
Well, what fruit it bears
This bitter earth.

And if my life is like the dust
that hides the glow of a rose
What good am I
Heaven only knows.

Lord, this bitter earth
Can be so cold
Today you are young
Too soon, you are old.
But while a voice within me cries
I'm sure some-one may answer my call
And this bitter earth
may not
be so bitter after all.

What good is love
that no one shares
And if my life is like the dust
that hides the glow of a rose
What good am I
Heaven only knows.



April 9 2012
5 Open Lane Kewbury.

Dear Dr Kirsten

I wish to thank you with
all my heart, for your
care and expertise, and
determination to save me
— on Sunday (Easter Sunday
at that) — I will never
forget the nobility and self
lessness and dedication
on your part and how
after really feeling despair
on my part I was at
last saved — my sight

said Dr Rogers was in extreme
need of immediate help — he
examined my eyes for about
an hour — with extremely
sophisticated instruments. Today
I have seen Dr Suttle who did

— I

The same - I am to have immediate resort to the eye clinic for treatment which will save my sight. I am totally in your debt

I will never forget what you have done for me. Dr Rogers strong use of cortisone has already begun to improve my sight. I can never thank you enough. I enclose an invitation from my first major New York Show which enabled me to work to this day. In hope for your best health, Cynthia Villet v d Mervae

Welcome to 2007
Cynthia Villet

Good morning Faiez,

I am busy reading your book 'Corporate Culture is Not as Soft as You Think'. It is filled with positive and essential gems that businesses need to implement on a daily basis.

Thank you.

Wishing you and your family a healthy and safe 2017.

Kind regards

Barbara

TESTIMONIAL

Dr Faiez Kirsten provided consultation services for a period of three months from August to November 2018 for my husband Rajendra, who suffers from Parkinson's Disease (PD). Rajendra is 85 years old and was diagnosed with PD 11 years ago. More recently this year, the deterioration had become more pronounced, and having tried just about every modality, (including trips to India in search of Ayurvedic treatments), as a last resort we engaged the services of Dr Kirsten. During the twelve weeks that Dr Kirsten made weekly home visits to us, we found him to be very understanding, supportive and generous with his time.

A rare medical practitioner, Dr Kirsten is above all a compassionate human being with a deep sense of commitment to his patients and their families. Honesty and integrity underpin his passion for wellness in his patients. His approach is holistic, scientific and based on years of dedicated research. His treatment for Rajendra focused on overall wellness achieved through brain entrainment, diet and exercise. During the three months of consultation we observed gradual and noticeable improvements in Rajendra's condition:

- Reduction in PD prescribed medication. We have been able to reduce Carbilev 25/100 from 4 to 3 per day. We are currently reducing further medication. Rajendra voluntarily felt he did not want to take the morning Mysolene tablet, and so we deleted that, with no noticeable withdrawal symptoms. Reduction in the prescribed medication has been one of our key goals for many years, and until now and we have not been able to successfully do this. In fact, the neurologists we have consulted have pointed towards increased medication.
- Audios provided by Dr Kirsten have led to greatly improved sleep and rest.
- Rajendra had lost considerable weight and has recently gained approximately 3 kg.
- Additionally, he has hardly been using the oxygen concentrator which we have at home for him, and his breathing has improved phenomenally.
- Dr Kirsten's brain entrainment videos and audios have brought about a general feeling of well-being, improved spirits and a stronger determination and belief in the possibility of securing improvements in health and well-being, even with PD.

As is well known, Parkinson's is an extremely complex condition and despite that, the improvements we have seen recently have been attributable largely to Dr Kirsten's direction and effort. His willingness to offer advice at all times has proved tremendously supportive in extremely difficult times, especially for me as Rajendra's wife and primary care giver. His unassuming and modest manner, coupled with his confidence in his ability provides much hope for those suffering from chronic conditions. He works with you and equips you with the tools so that you are able to continue with the programme after his departure. Although Rajendra continues to have good and bad days, he now looks less frail and has once again resumed his walks around the complex where we live and visits to the local gym. Last week I was chatting to a 94 year old doctor in the gym who was watching Rajendra closely and he was shocked to learn that Rajendra had Parkinson's. He added that he had seen many Parkinson's patients during his practising years, but Rajendra is a "miracle". I felt a sense of pride and thought to myself – yes, thanks to the hard work and Dr Kirsten.

Romila Chetty

079 7586911

December 2018

Dear Dr Faiez Kirsten,

Thank you for your amazing informative talk on Thursday 15th August 2019.

Sonja van der Spuy, who normally arranges the speakers, was so grateful to have met you and said it was a "huge success".

I have personally received grateful thanks from many of the participants and on their behalf, would like to thank you so much for giving both the sufferers of neuro-degenerative decline and those who care for them hope that there are many important therapies that we can be doing together with changes in diet, lifestyle choices and stress management.

Our minds and bodies are truly magnificent in their ability to heal given the right mind-set, intention, nourishment and stimulation!

The importance of an holistic approach to any disease is often overlooked by modern practitioners who focus on symptom management rather than addressing the cause of the problem and we are so encouraged to find practitioners that are not afraid to highlight the damaging effects of the chemicals in our environment and the insidious harm of electro-magnetic fields.

Thank you so much for so generously sharing your time and your extensive knowledge with us. It was a great pleasure to meet you.

**Kindest regards,
Barbara and Ian Manson
531 Helderberg Village
Somerset West**

26 March 2020

Dear Aziz

I sincerely appreciate your care and kindness... at times when the pressure piles up and there's a need for medical support while sleeping.

As a gesture of my gratitude, please accept these book vouchers. I sincerely hope that you can use them in (at least) a small, satisfying way.

May the Almighty Allah Bless you & your family in abundance -- Insha' Allah -- Ameen.

Yours sincerely,
Aldila.

Testimonial

Dr Kirsten has helped me start a journey that I thought was impossible. I thought that since I have been diagnosed with lupus and rheumatoid arthritis, that this was it! There was no way out. I was going to have to live with pain for the rest of my life.

Dr Kirsten has taught me through his program, that these terrible diseases could be abolished! Yes, I use abolished because it is possible...

Within my first month of doing this program, I already felt so much more energy. When my rheumatologist told me that I couldn't exercise, go into the sun and that no food or diet could ever help me get better, that I had to use the meds that was prescribed by her in order to slow the progression of the disease... haha! How gullible I was.

Needless to say, after intense research and stumbling upon Dr Kirsten I was very interested and keen to do this program.

I changed my diet (everything that Dr Kirsten has recommended) and boy, do I feel amazing. I am off that horrible meds which by the way, made me feel a 100 times worse. Dr Kirsten is very kind and truthful, qualities which are rare in today's evil times.

I don't have pain in my joints and I even have circulation in my feet. I use to dread winter because this means even more pain and suffering. Wearing 2 to 3 pairs of socks in the attempt to warm my feet but this did not help. My poor fingers use to pain with the cold making it completely difficult to do basic things such as cooking for my family- which just ended up in me ordering take outs ever so often. Now, I cook almost every meal with ease.

Thank you Dr Kirsten for taking the time to help me- I appreciate it more than you know.

I wish there were more Doctors like you- this world will surely be a much better place to live in.

Lucinda Lucas

Dear Faiez,

As I work through what you have sent to me, I am completely absorbed and even started practising last night. Remarkable how many negative thoughts I have. This information is so powerful and is much more important than all the detoxing and dietary changes etc. How does one inform more people?.....I do not know. We must ask and know that He gave you in particular this information for a reason.

When I know more will make contact via skype. Thank you for the additional information.

Kind Regards,

Elene

I have gone through an incredible journey the last few months. And the start of it was you, and your reminding me about EFT! So I want to thank you for that time we met for tea and a chat!

I wanted to let you know, and to thank you for being a part of this journey 😊

Love

Veronica

The Covid-19 Deception

When the Covid-19 pandemic was announced to world in 2020 Dr Kirsten was writing two more books, the titles of which are, ***'Paper Gods – How Fictions are Used to Destroy the Many and Enrich the Few'*** and ***'Sick You, Sick World – And How to Change it.'*** Being aware that there have been fake pandemics in the past he realized that it was crucial to confirm the claim being made by the World Health Organization and the governments around the world under its control that a deadly novel virus called Sars-CoV2 indeed existed and was causing a condition being called Covid-19. He stopped writing these two books and other issues he was busy with to research this situation. After about eight weeks he concluded that the claimed Covid-19 pandemic was in fact false. There was no evidence for the existence of a virus called Sars-CoV2 and Covid-19 was not a new and unique condition. He informed people that the claimed Covid-19 pandemic was in fact a deception. It was an Hegelian Dialectic to implement global technocracy and transhumanism. It was to usher in a totalitarian New World Order and to ramp up the depopulation of the planet. He entitled the presentation of his research findings ***'The Covid-19 Deception – A Major Strategic Move Towards the Technocratic, Transhumanist New World Order'*** and presented these findings in several towns and cities in four provinces in South Africa during the latter half of 2020. He also published some of his research in a booklet entitled ***'Covid-19 is a Deception – Here's Why.'*** This publication together with many of his other free Covid-19-related publications can be downloaded [here](#). Furthermore, many of his videos (presentations, webinars, discussions, and others) can be viewed on his Brighteon channel, [The HWP Report](#), which he set up following severe censorship on Youtube (2 of his channels were removed from this platform).

Following the announcement in 2020 of the global roll out of the so-called covid vaccines Dr Kirsten studied the information available on them given that he had previously done extensive research on vaccines and the pharmaceutical industry. His podcasts on these matters are [here](#) and [here](#). His conclusion was that the covid vaccines are not vaccines but bioweapons of mass destruction developed to track, control, render ill and kill multitudes. He requested a law firm to ask the chief trial investigator, professor Shabir Mahdi and his team to disclose the contents of the covid vaccine vials. This request was denied. Faiez then published a public letter in January 2021 calling for a halt to the rollout of the so-called covid vaccines. Another public letter in this regard was published in August of this year. Both public letters and the attorney's letter to professor Mahdi and others can be viewed [here](#)

In the first quarter of 2021 Ricardo Maarman contacted Faiez to find out if he would be interested in working with him on a legal challenge against the president of South Africa, the government of South Africa, the parliament of South Africa and other parties regarding their claim that a virus called Sars-CoV2 exists and causes a condition called Covid-19. This collaboration turned into the ***Show-us-the-Virus*** movement with Faiez setting up and maintaining the website. [This site](#) became renowned with visitors and subscribers from around the world. The site is currently being upgraded and the url may change.

The ***Show-us-the-Virus*** team also issued several debate challenges to individuals in position of leadership and authority who claimed that a virus called Sars-CoV2 exists and causes a condition called Covid-19. The recordings of the **livestreams** of these challenges can be viewed on the HWP Report channel.

Since the announcement of the so-called Covid-19 deception in 2020 Dr Kirsten has given many free talks, webinars and presentations on the Covid-19 Deception and related matters. His paid webinars are available [here](#)

COMMENTS FROM SOME OF THE WEBINAR ATTENDEES



The poster features a portrait of Dr. Faiez Kirsten, a man with a grey beard and glasses, wearing a dark blue shirt. The background is dark blue with abstract light blue circular patterns. Text on the poster includes the Health Wellness Performance INSTITUTE logo, the webinar title in yellow, the date and time in light blue, and contact information for registration in white and light blue.

Health Wellness Performance
INSTITUTE
Merging root-cause medicine with edupowerment

WEBINAR

**HOW TO PROTECT YOURSELF AGAINST
ELECTROMAGNETIC RADIATION
(A MAJOR WEAPON BEING DEPLOYED
FOR GLOBAL DEPOPULATION)**

18TH AUGUST 2021 @ 8PM

Presenter
DR FAIEZ KIRSTEN

FOR FURTHER DETAILS AND TO REGISTER
SEND A WHATSAPP MESSAGE TO
0810734488

Presentation covered some of the so called 'conspiracy theories' and has cleared up some of the doubts as presented in the mainstream media. JazakAllah 🙏 / The webinar was very interesting, there were some good points I learnt, eg. using Fulvic acid and Glutathione as antioxidants. You also got me thinking about the level of radiation due to wifi in my home and how to measure and mitigate it as much as possible. Jazakallah / Good Day. It was a very informative and enlightening webinar. I held on to every word, would certainly appreciate to be apart of any future webinars of this kind. Quite intrigued🔥. Lol I'm already on day 1 of a water fast. Just wanted also enquire in terms of sound frequency healing. Which Frequency Hz you would recommend? / Thank you for a very eye opening session on Wednesday evening. 🙏 I got a lot of value from it. I made notes and slowly working on eliminating the radiation elements and very conscious of it now too. It's so easy to not take it seriously because you can't see it. I'm struggling quite a lot mentally and emotionally processing what we are experiencing but one thing is I feel so blessed to not have fallen into the trap like so many have. For me now is a mission to disentangle myself from the dependence I have of all things government and corporate as I don't trust anything and know that there will be mechanisms put into place to remove our basic necessities to force us to fall in line. I'm very grateful to be building a community of people around me who share my views as it is a very lonely world for me right now as most of my family and friends are against me on this one.

Thank you for all the shares. Stay blessed. 🙏 / It was to the point and very informative shukran. I checked on the site for 5g equalizers. I don't know if it's just mental but I put my phone on airplane and I felt different waking up this morning alhamdulillah. Calmer. No heaviness on chest. / Thanx Doctor, it was truly eye opening! I've always known there was no covid but the presentation about wifi gave me an answer as to why people have symptoms and land in hospital. I've always had arguments with people, ones from the suburbs mostly, who claim they buried a lot of loved ones even before vaccine came around. I couldn't understand why they were sick and most of us in the townships were simply living life without issues. Now I know why, in their areas just about every house has wifi whereas in Soweto you'd find one or two houses with wifi in the entire street or none at all, the latter being more common. / Hi Dr K ! Watched it with my Mother & my Brother...We all really enjoyed it...very informative. We were taking Notes! Was my 1st ever zoom meeting, it played smooth... and Sorry I didn't comment or question... I didn't have a Mic... but Thanx for Shoutout.. You need to school some of these other Doctor's 😏 they all fast asleep and brainwashed...lol / Your "teaching" was terrific - soooo informative. Thank you so much. / Aslm. JazakAllah for the presentation. Very informative indeed. / Wasalaam thx was very informative but I will send you a few questions later if you don't mind, and can respond to them when you have time Shukran 🙏 / Hello Dr Kirsten. Your webnair was most informative. This makes more sense to me than what is being shoved down our throats. I can't believe I've only come across your work now. That being said I do remember (I'm sure it was you) who spoke a few times many years ago on the espresso show on SABC. Please let me know of future webnairs. Many thanks and regards. P.s I've never owned a microwave...yes people think I'm strange 😂 / Good evening Dr Kirsten, it was very insightful. / Hi Dr, it was great thank u. I just wish i was able to jot down the notes faster 😊 Would a recorded version be available for us? / Greetings. The webinar was very informative and concise. Some basic science, a list of EMF dangers and solutions to reduce the negative impact on the body. I learnt about some new antioxidants and was reminded of some I have forgotten. Keep well. / Thank you so much Dr. Kirsten for providing us with this invaluable information which more people need to hear. 🙏 / Slms & Shukr so much for the session last night. It has answered many questions I needed answers to. Now I have work to do, inner & outer clearings. In gratitude Shukr. / Shukran for a very informative session tonight. Much appreciated. May Allah SWT reward you for spreading such beneficial knowledge Ameen 🙏🙏🙏 /